

Why should you prepare?

Your family may not be together when a disaster strikes, so it is important to think about situations that can happen and plan just in case. Questions to ask:

- ✓ How will we find out what is happening during a disaster?
- ✓ Where will we meet if we have to evacuate tonight?
- ✓ How will we get in touch if cell phones, the internet, or landlines don't work?
- ✓ Where will we meet up if we are in different places during an emergency?

To learn more about Berkeley Ready programs and opportunities, visit:

www.cityofberkeley.info/BerkeleyReady



For Alternative Formats email ecallow@cityofberkeley.info or call 1-510-981-6418

In an Emergency,

Check these sources for emergency instructions and information.

Radio

- 1610 AM
- KPFB – 89.3 FM
- KQED – 88.5 FM
- KCBS – 740 AM
- KSOL – 98.9 FM (Spanish)

Television: All stations will broadcast messages sent by Alameda County through the Emergency Alert System (EAS). Local news networks may also carry specific information and instructions from authorities.

Online at www.CityofBerkeley.info

Information will be available in accessible formats.

Friends and Neighbors: Share emergency information and instructions with the people around you.

These systems are not guaranteed to work in an emergency. Be ready to use many different sources to find information.

Learn more at:

www.cityofberkeley.info/EmergencyAlerting



Emergency Preparedness

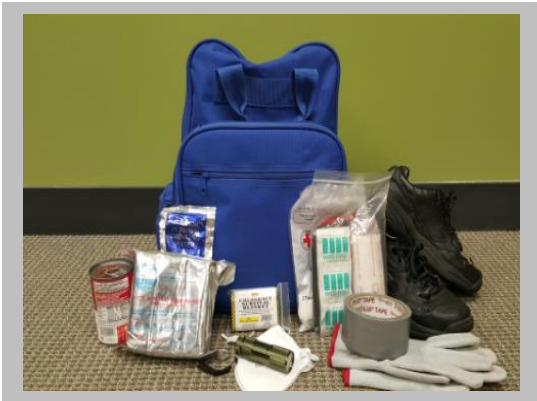


City of Berkeley

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www.CityofBerkeley.info/Ready

1. Make a Plan

- Discuss the types of events that can happen in your area.
- Ask an out-of-area friend or relative to be your “emergency contact.” Other loved ones can call this person and find out where everyone is at the time.
- Practice evacuating your house for different types of events and choose a meeting place.
- Keep a copy of the disaster plan for your children’s childcare or school with you.
- Include older adults and other family members who need special assistance in the plan.
- Don’t forget to include your pets.



How Do I...

Evacuate: Leave the area as soon as you are told to evacuate. Check reliable information sources for a safe place to go. Check on your neighbors on your way out, if you have time.

Shelter in Place: Bring everyone including pets inside and close and lock all doors and windows. Check reliable information sources for additional protective actions like turning off air conditioning/heating systems and covering windows and doors.

2. Prepare a Disaster Kit

If an emergency occurs, you should have basic supplies on hand for at least 7 days. Here are some items that every kit should include:

- Water (7 gallons/person)**
- Non-perishable food**
- Can opener**
- Radio:** battery or hand crank
- Flashlight and extra batteries stored outside flashlight**
- Cell phone and extra batteries**
- First Aid Kit and Over the Counter Medication**
- Emergency blanket, extra clothes, work gloves**
- Closed-toe shoes** near the bed
- Cash in small bills**
- Whistle** to signal for help
- Dust mask**
- Personal hygiene products**
- Multi-purpose tools / Wrench** to turn off utilities
- Items for individual’s needs**
 - Supplies for Children**
 - Medications**
 - Assistance Devices**
- Important documents**

3. Write it down:

Emergency Contact:

Name: _____
Address: _____
Phone: _____

Out of Town Contact:

Name: _____
Address: _____
Phone: _____

Meeting Places:

Outside House: _____

Outside Neighborhood: _____

Pets Emergency Information:

Vet	Hospital	Name:
_____	_____	_____
Address: _____		
Phone: _____		

Childcare/ School Information:

Name: _____
Address: _____
Phone: _____
Evacuation Location: _____

Insurance:

Name: _____
Phone: _____
Policy#: _____